

# Lesson Plans – How They Work

## A Visual Guide

Kid Talk Lesson Plan – Week 1 < WEEK NUMBER

Week 1: I am Unique < TITLE/THEME FOR WEEK See Leader’s Guide for Details

Scripture & Theme	Activities (minutes) (Different elements each week) OS = Our Story Memory Book (Pages 1-38 of Our Story) LG = Leader’s Guide (One detailed guide for each week)	Handouts and Take-Home Griefwork
<p><b>Psalm 61:1b-2 NLT</b> <i>I cry to You for help when my heart is overwhelmed. Lead me to the towering rock of safety.</i></p> <p><b>Pray:</b> Dear Lord, help us to remember to cry out to You when our hearts are overwhelmed; when we hurt so much that we don’t have words. Lead us to a place where we can feel safe and be comforted. Thank You for Kid Talk.</p> <p><b>Theme:</b> I am unique and my grief is unique too.</p>	<p><b>OPEN:</b> (Approximately 30 minutes) As children arrive, work on coloring Model Magic sculptures or OS p. 8. <b>Welcome:</b> Ground Rules with poster <b>Psalm 147: 3:</b> ASL, discuss &amp; pray. <b>Session Log:</b> Psalm 61:1b-2 NLT, discuss and pray. <b>Check-In:</b> Roll a single die for introductions: # on die = how many things are shared from the “All About Me” on OS p. 8. <b>Distribute “Smile on A Stick” photos.</b> Kids may choose to place their photos on the binder cover. <b>Share Decedent</b> binder cover. Look at OS p. 11.</p> <p><b>FOCUS:</b> (Approximately 10 minutes) <b>(10) “Where do I Stand”</b> 20’ of masking tape on floor. Write a “1” on the left end and a “10” on the right end. Using the “Where I Stand” script, ask kids to stand on the tape “where you stand” on the topic. (1=not at all or hardly at all and 10 = a lot or very much.) See LG. <b>(10) Craft Stick Exercise.</b> See LG. <b>(10) Uniquely Me:</b> Refer to Leader’s Guide and print puzzle. <b>(15) Tear Soup:</b> watch the video or read the book. <b>(10) Tears in a Bottle:</b> OS p. 5. Practice saying the “Tears” poem together. See LG.</p> <p><b>SNACK:</b> (Approximately 20 minutes) Dulce de Leche and Apple Wedges</p> <p><b>CLOSE:</b> (Approximately 15 minutes) <b>Someday Heaven:</b> Read and discuss one question. <b>Session Log</b> <b>Take-Home Griefwork</b> <b>Happy Snaps:</b> Refer to LG <b>Prayer</b></p>	<p><b>Handouts for Adults:</b> <i>“Helping Your Child Through Grief”</i> by Alan D. Wolfelt, Ph.D.</p> <p><b>Handouts for Kids:</b></p> <ul style="list-style-type: none"> <li>• Session Log</li> <li>• Bible Verse Stickers</li> <li>• Uniquely Me</li> <li>• Mandalas or heart coloring sheets</li> </ul> <p><b>Take-Home Griefwork:</b></p> <ul style="list-style-type: none"> <li>• OS: p. 9 “Meet My _____”</li> <li>• OS: p. 11 “Acrostic”</li> </ul> <p><b>Next week:</b></p>
<p><b>THE FIRST SECTION HAS SCRIPTURE, A PRAYER &amp; THE WEEK’S THEME</b></p>	<p><b>THIS MIDDLE SECTION HAS THE ACTIVITIES FOR THE WEEK – OPEN, FOCUS, SNACK &amp; CLOSE</b></p>	<p><b>THE THIRD SECTION HAS HANDOUTS FOR ADULTS &amp; KIDS, GRIEFWORK &amp; NEXT WEEK’S PROGRAM</b></p>

Space for NOTES here.